Chichester Gymnastics Academy
Recreational Class Timetable

Day	Time	Age Group / Class
Monday	4:00pm – 5:00pm	Ages 4–7
Monday	5:00pm – 6:30pm	Ages 4–7
Monday	6:30pm – 8:00pm	Ages 8+
Tuesday	4:00pm – 5:00pm	Ages 3–5
Tuesday	5:00pm – 6:30pm	Ages 4–7
Tuesday	6:30pm – 8:00pm	Ages 8+
Wednesday	5:00pm – 6:30pm	Ages 4–7
Wednesday	6:30pm – 8:30pm	Ages 8+
Thursday	4:00pm – 5:00pm	Ages 3–5
Thursday	5:00pm – 6:30pm	Ages 4–7
Thursday	6:30pm – 8:30pm	Ages 8+
Friday	5:00pm – 6:30pm	Ages 4–10
Friday	6:30pm – 8:30pm	Advanced Recreational
Saturday	9:00am – 10:30am	Ages 4–5
Saturday	10:30am – 12:30pm	Ages 6+

Recreational Gymnastics
Our recreational gymnastics classes are designed for children of all abilities who want to learn new skills, build confidence and enjoy gymnastics in a fun and supportive environment. Whether your child is completely new to gymnastics or looking to develop their existing skills, our recreational programme offers something for everyone.